

Dr. Phil's Stroke Survivor Bootcamp

Goal List

=====

Mobility Goal #1:

Date of accomplishment:

Mobility Goal #2:

Date of accomplishment:

=====

Self-Care Goal #1:

Date of Accomplishment:

Self-Care Goal #2:

Date of Accomplishment:

=====

Personal Heartfelt Goal #1:

Date of Accomplishment:

Personal Heartfelt Goal:

Date of Accomplishment #2:

=====